



The Oriental Spa Garden

PRICES



A MEMBER OF
THE LEADING HOTELS
OF THE WORLD



The Oriental Spa Garden



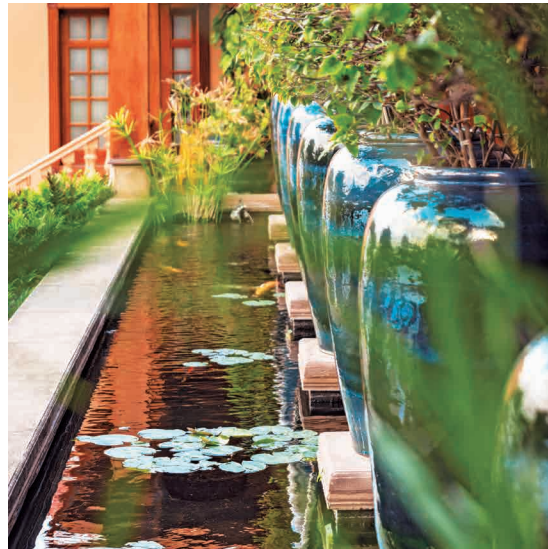
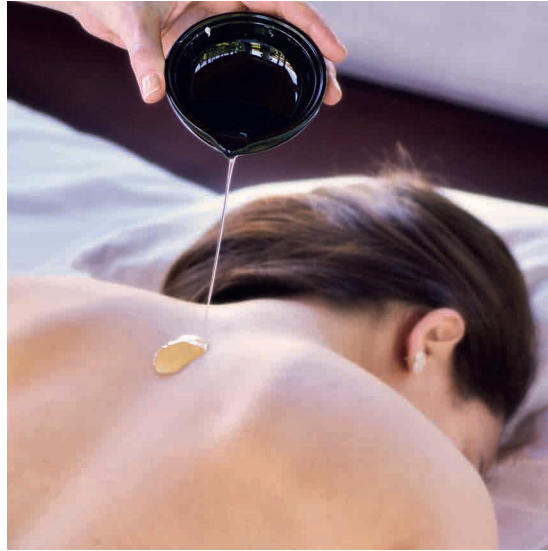
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From Far Eastern rituals to holistic wellness experiences,
customised health and beauty programmes,
The Oriental Spa Garden rejuvenates your entire well-being: body, mind and soul.



Open: 09:00 am -7:00 pm

Entrance not permitted to minors under 16 years old. Prices with taxes included.
Tel.: +34 922 389 505 · recepcionspa@hotelbotanico.com · orientalspagarden.com



RITUALS

A place to immerse yourself in a world of sensations,
to get very far without hardly moving.

CANARIAN RITUAL 80 min. | 180 €

Peeling with sea salt, lemon and Aloe vera.
Body Wrap with Aloe vera.
Volcanic Stone massage.

POLYNESIAN RITUAL 80 min. | 180 €

Peeling with sea salt and coconut.
Bath with Gardenia, Vanilla, Tiarré.
Exotic massage with sachets.

ORIENTAL RITUAL 80 min. | 180 €

Peeling with black Alep soap.
Body Wrap with Rassoul.
Massage with Argan oil.

GOLDEN DRAGON RITUAL 150 min. | 390 €

Peeling with foam and gloves.
Steam bath. Bath with champagne crystals.
Massage with oil of gold.
Infusion, fruits, juices and Cava.

ROSE THERAPY 80 min. | 180 €

Exclusively for women

Reflexology technique “Dien Cham”.
Aromatherapy with essential rose of Bulgarian,
Damascus, Mosquet and pink quartz.

JAPANESE RITUAL HANAKASUMI 80 min. | 180 €

Body peeling with rice powder and cherry blossom.
Massage with oils of lotus flower
and foot reflexology.

SILK SKIN RITUAL 50 min. | 150 €

Body peeling based on Rhodiola Rosea.
Massage with deep moisturising oil.

MASSAGES

A place to immerse yourself in a world of sensations,
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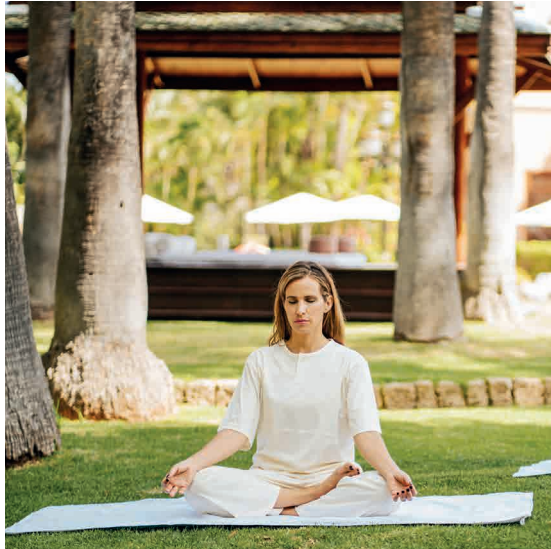
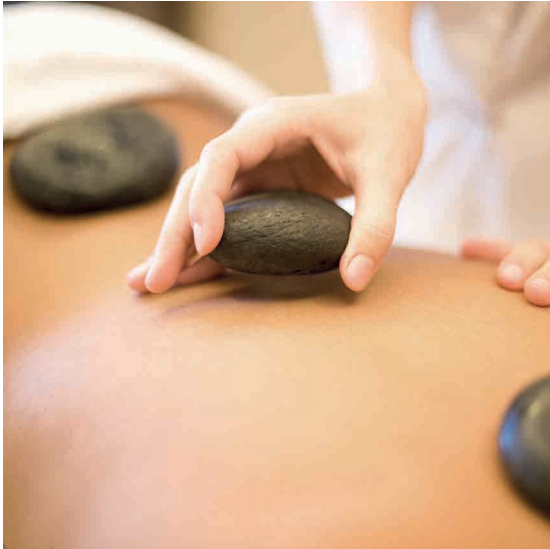
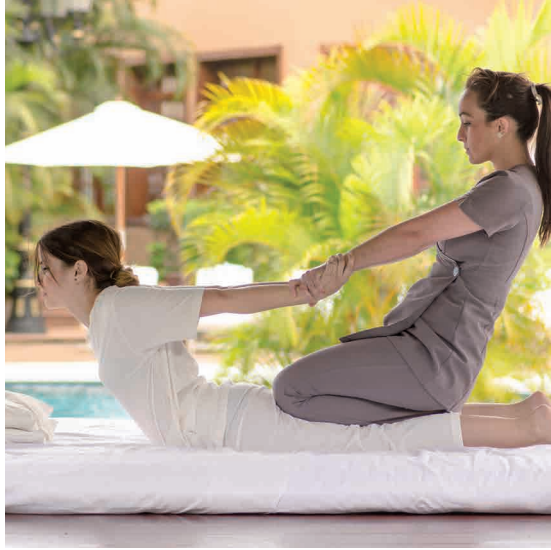
ORIENTAL	25 min.	50 min.	80 min.
CRANIAL	55 €	-	-
VOLCANIC STONE MASSAGE	-	95 €	140 €
THAI	-	95 €	140 €
LOMI LOMI	-	95 €	140 €
REIKI	-	85 €	120 €
ZEN SHIATSU	-	85 €	-



MASSAGES

WELLNESS	25 min.	50 min.	80 min.
AROMATIC	55 €	85 €	130 €
PAIN RELIEF	60 €	95 €	-
PHYSIOTHERAPY	65 €	110 €	-
FOOT REFLEXOLOGY	60 €	85 €	-
LYMPHATIC DRAINAGE	-	85 €	120 €
FASCIAL THERAPY	65 €	120 €	150 €

AYURVEDA	25 min.	50 min.	80 min.
UDVARTANA (Detox)	-	-	140 €
MARMA ABHYANGA (full body)	-	-	140 €
KERALA ABHYANGA (meridians)	-	-	140 €
RUDRAKSHA TERAPIA (Foot Reflexology with Kansa Vakti Bowl)	-	98 €	-
PINDA SWEDA (stamps)	-	-	140 €
SHIRO ABHYANGA (head)	-	95 €	-
KATI ABHYANGA (back)	-	95 €	-
PAD ABHYHANGA (legs + feet)	-	95 €	-
RASAYANA (face)	-	100 €	-



PROGRAMMES

“Open your heart. We offer exclusive programmes which will make you enjoy an absolute physical and emotional well-being”

Our plastic surgeon Dr. Eduardo Krulig offering medical treatments for rejuvenation and removal of skin blemishes.

ORIENTAL PROGRAMME

“Release your mind, revitalise your body and elevate your spirit”

Chinese medicine has established itself as an ancestral and effective practice to soothe pain, release anxiety states and prevent numerous common ailments. The main objective of this programme is to achieve the bioenergetic rebalancing.

DAY 1	Volcanic Stones Massage + Bali Cranial Massage
DAY 2	Shiatsu + Foot Reflexology
DAY 3	Lomi Lomi Massage
DAY 4	Traditional Thai Massage
DAY 5	Marma Abhyanga (Ayurveda) + Sound Bowls
DAY 6	Revitalizing Massage
DAY 7	Volcanic Stones Massage + Reiki

2 DAYS | 320 €

3 DAYS | 405 €

5 DAYS | 675 €

7 DAYS | 985 €



AYURVEDA PROGRAMME

“Find the balance between body, mind and spirit”

Ayurveda is a holistic therapy system based on a profound knowledge of the body and its relationship with the environment. This programme strengthens the emotional constitution. We awaken your inner harmony and seek balance through nutrition and cleansing energies.

DAY 1	Udvardana Massage (Detox)	2 DAYS 270 €
DAY 2	Marma Abhyanga (full body)	3 DAYS 450 €
DAY 3	Shiro (Head) + Pad Abhyanga (Legs + Feet)	5 DAYS 750 €
DAY 4	Kerala Abhyanga (Meridians)	7 DAYS 1135 €
DAY 5	Kati Abhyanga (Back) + Rasayana (Face)	
DAY 6	Pinda Sweda (Herbal stamps)	
DAY 7	Marma Abhyanga + Sound Bowls	

SLIMMING PROGRAMME

“Reaffirm the body and lose weight with a personalised programme”

The Slimming Programme is a weight loss enhancer based on a combination of different hydrothermal and aesthetic techniques that will help you lose weight in a healthy way, tonify and reshape your body and make you feel comfortable in your own skin.

DÍA 1	Nutritionist Consultation + Body Analysis	2 DAYS 270 €
DÍA 2	Body peeling + Slim Treatment with Sea Products	3 DAYS 405 €
DÍA 3	Seaweed Body Wrap + Lymphatic Drainage	5 DAYS 650 €
DÍA 4	Slim Aromatic Treatment	7 DAYS 910 €
DÍA 5	Subaquatic Bath + Circulatory Massage	
DÍA 6	Sea Mud Body Wrap + Slim Massage	
DÍA 7	Volcanic Stones Massage + Reiki	

DETOX PROGRAMME

“Allow your body to get rid of toxins”

This programme is designed with the objective of detoxifying your body. Give a break to your organs to get them to perform their functions efficiently. After this programme you will feel better, lighter, more vital and with more energy.

DAY 1	Udvardana Massage (Detox)	2 DAYS 275 €
DAY 2	Body Peeling + Personalized Massage	3 DAYS 420 €
DAY 3	Seaweed Bath + Lymphatic Drainage	5 DAYS 705 €
DAY 4	Pinda Sweda (herbal stamps)	7 DAYS 945 €
DAY 5	Seaweed Body Wrap + Circulatory Massage	
DAY 6	Lymphatic Drainage	
DAY 7	Body Wrap with Sea Mud + Personalized Massage	



BEAUTY PROGRAMME

“Reflect your inner beauty”

We offer you a variety of treatments that will help restore the essential nutrients that provide elasticity and softness to your skin, hair and nails. Enjoy our sophisticated treatments and a healthy, beautiful, luminous and vital body.

DAY 1	Body Peeling + Face Cleansing	2 DAYS 350 €
DAY 2	Spa Manicure + Spa Pedicure	3 DAYS 510 €
DAY 3	Hidrating Body Wrap + Slim Massage	5 DAYS 830 €
DAY 4	Moisturising Facial + Anti-aging Eye Treatment	7 DAYS 1050 €
DAY 5	Aromatic Bath + Lomi Lomi Massage	
DAY 6	Facial Power Lifting	
DAY 7	Hair Repair Treatment + Day Makeup	

ANTI-STRESS PROGRAMME

“Enter a state of absolute relaxation”

Overwork, worries, stress affect our health and quality of life. The Oriental Spa Garden offers you, in an exclusive environment, the opportunity to enjoy a specific programme that will help you to leave your worries behind, achieving a deep relaxation and a general revitalisation.

DAY 1	Body Peeling + Aromatic Massage	2 DAYS 365 €
DAY 2	Aromatic Bath + Cranial Massage + Foot Reflexology	3 DAYS 430 €
DAY 3	Volcanic Stones Massage	5 DAYS 730 €
DAY 4	Aloe Vera Body Wrap + Facial Stress Relief + Lomi Lomi Massage	7 DAYS 1050 €
DAY 5	Lomi-Lomi Massage	
DAY 6	Hydromassage + Reiki	
DAY 7	Full Body Aroma Massage + Sound Bowls	

PAIN RELIEF PROGRAMME

“Recover your energy and sense of well-being”

This programme has been specifically designed to assist you in relieving physical ailments and general discomfort.

DAY 1	Pain Relief Massage + Ultrasound	2 DAYS 320 €
DAY 2	Foot Reflexology + Traditional Thai Massage	3 DAYS 495 €
DAY 3	Body Wrap with Sea Mud + Epsom salt's Bath + Relaxing Massage	5 DAYS 600 €
DAY 4	Volcanic Stones Massage	7 DAYS 960 €
DAY 5	Traditional Thai Massage	
DAY 6	Epsom Salt's Bath + Pain Relief Massage	
DAY 7	Sea Mud Body Wrap + Infrared Radiation + Pain Relief Massage	

PEELINGS (20 min.)

EXOTIC	60 €
CLASSIC	60 €
SOFT	60 €

BATHS (20 min.)

WITH ESSENCES, SALTS OR SEAWEED	60 €
INDONESIAN WITH CRANIAL BALI MASSAGE	85 €

BODY WRAP (20 min.)

ALOE VERA	60 €
SEAWEED	60 €
HYDRATING	60 €
DEAD SEA MUD	60 €



FACIAL TREATMENTS

FACIAL CLEANSING	95 €
MOISTURISING	120 €
ANTI-AGING	140 €
POWER LIFTING	180 €
FACIAL CLEANSING FOR GENTLEMEN	95 €
BB GLOW 80 min.	190 €

MAKEUP

DAY MAKEUP	35 €
NIGHT MAKEUP	55 €
BRIDAL MAKEUP	85 €



WAXING

FACIAL

EYEBROWS	20 €
UPPER LIP, CHIN OR SIDEburns	20 €
FULL FACIAL	35 €

BODY

ARMPIT OR BIKINI	20 €
FULL BIKINI	38 €
ARMS	30 €
HALF LEGS	35 €
FULL LEGS	55 €
FULL BODY	85 €

GENTLEMEN

BACK OR CHEST	50 €
ARMS	40 €
FULL LEGS	60 €
FULL BODY	130 €

MANICURE

MANICURE	50 €
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HAIRDRESSER

LADIES

WASH & BLOW DRY SHORT HAIR	38-45 €
CUT & BLOW DRY	55 €
HAIR COLOUR	43-55 €
HIGHLIGHTS	95-120-150 €
PERMANENT WAVE	80 €
HAIR LOSS TREATMENT	50 €
REPAIR TREATMENT 1h 30m	150 €
UPSweep	55 €
BRIDAL UPSweep	85 €
EYEBROW TINTING	15 €
EYELASH TINTING	20 €
NAIL POLISH (HANDS AND FEET)	35 €

GENTLEMEN

HAIRCUT	30 €
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KIDS

HAIRCUT	25 €
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PEDICURE

PEDICURE	65 €
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HOTEL BOTÁNICO

& The Oriental Spa Garden



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El "must" de las Canarias
LORO PARQUE
ANIMAL EMBASSY



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